

SEX, DRUGS & ROCK N' ROLL!

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WESS PARENT ASSOCIATION
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A LITTLE BIT ABOUT ME...

- ADOLESCENT MEDICINE SPECIALIST
- ASSISTANT PROFESSOR OF PEDIATRICS AT MOUNT SINAI
- MEMBER OF THE NATIONAL AMERICAN ACADEMY OF PEDIATRICS COMMITTEE ON ADOLESCENCE

- SOON TO BE...
 - CHIEF OF ADOLESCENT SERVICES AT NYC HHC QUEENS
- BUT ALWAYS A...
 - TEEN ADVOCATE
 - QUEENS NATIVE

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TEEN SEX...WHAT PARENTS NEED TO KNOW

- BACKGROUND AND PREVALENCE OF ADOLESCENT SEXUAL ACTIVITY IN THE UNITED STATES
- CONFIDENTIALITY LAWS PROTECTING ADOLESCENTS' ACCESS TO CONTRACEPTIVE SERVICES
- ROLE OF YOUR PEDIATRICIAN/ADOLESCENT SPECIALIST AS A PARTNER IN ENCOURAGING SEXUAL HEALTH

The proportion of young people who have had sexual intercourse increases rapidly with age.

% of adolescents who have had sex



ADOLESCENT SEXUAL ACTIVITY IN THE U.S- GOOD NEWS!

- DECLINING RATES OF SEXUAL INTERCOURSE BEFORE AGE 15:

- A. 2011–2013, ABOUT 13% OF NEVER-MARRIED FEMALES AGED 15–19 AND 18% OF MALES
- B. 1995: 19% AND 21%, RESPECTIVELY

- PROTECTIVE REASONS FOR TEENS NOT HAVING SEX:

- A. 2006–2010, THE MOST COMMON REASON THAT SEXUALLY INEXPERIENCED ADOLESCENTS AGED 15–19 GAVE FOR NOT HAVING HAD SEX WAS THAT IT WAS “AGAINST RELIGION OR MORALS”
- B. THE SECOND AND THIRD MOST COMMON REASONS WERE NOT HAVING FOUND THE RIGHT PERSON AND WANTING TO AVOID PREGNANCY.



SEXUAL ORIENTATION AND SEXUAL BEHAVIOR



- **SEXUAL ORIENTATION:**

- A. SEXUAL ORIENTATION IS ABOUT WHO YOU'RE ATTRACTED TO AND WANT TO HAVE RELATIONSHIPS WITH. SEXUAL ORIENTATIONS INCLUDE GAY, LESBIAN, STRAIGHT, BISEXUAL, AND ASEXUAL.
- B. 3% OF MALES AND 8% OF FEMALES AGED 18–19 REPORTED THEIR SEXUAL ORIENTATION AS LESBIAN, GAY OR BISEXUAL.

- **SAME-SEX SEXUAL BEHAVIORS:**

- A. 12% OF FEMALES AND 4% OF MALES AGED 18–19 REPORTED SAME-SEX SEXUAL BEHAVIORS
- B. SEXUAL BEHAVIOR DOES NOT NECESSARILY DEFINE ONE'S SEXUAL ORIENTATION

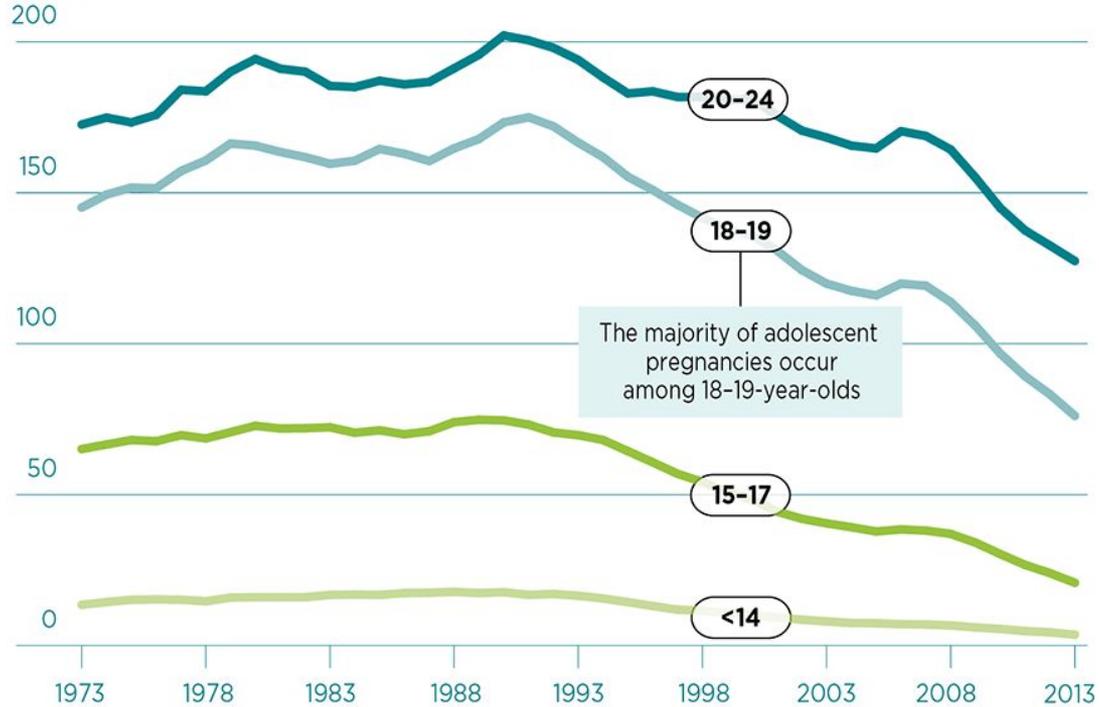
- **SEXUAL BEHAVIORS OTHER THAN VAGINAL INTERCOURSE:**

- A. 2007–2010, ABOUT **HALF OF ADOLESCENTS** AGED 15–19 REPORTED EVER HAVING **ORAL SEX WITH AN OPPOSITE-SEX PARTNER**
- B. ABOUT **ONE IN 10** REPORTED EVER HAVING **ANAL SEX WITH AN OPPOSITE-SEX PARTNER**

PREGNANCIES AMONG U.S. ADOLESCENTS AND YOUNG ADULTS

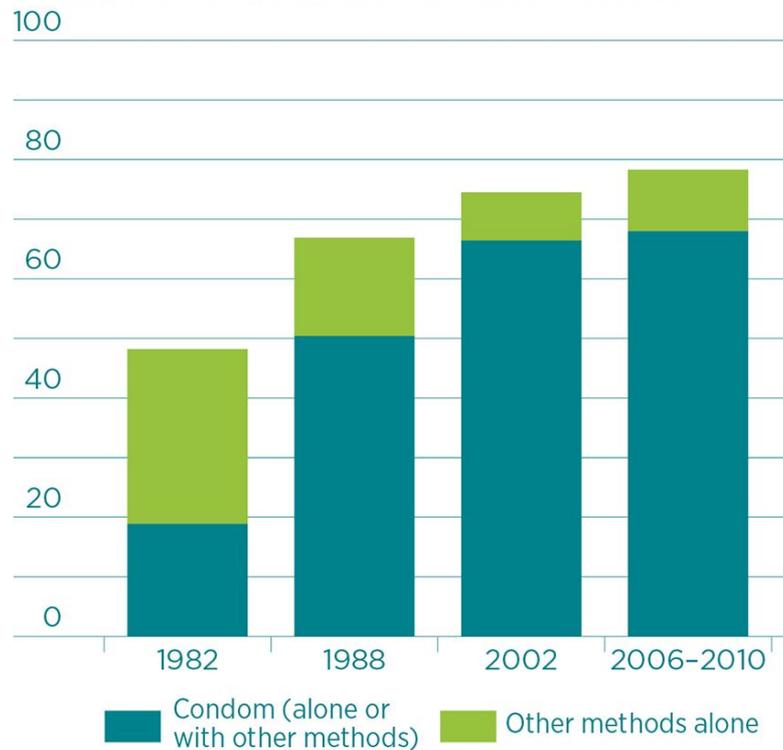
Rates of pregnancy among U.S. adolescents and young women reached historic lows in 2013.

Rate per 1,000 women



Contraceptive use at first sexual intercourse among 15–19-year-olds has risen steadily.

% using contraceptives at first sexual intercourse



CONTRACEPTIVE ACCESS AND CONFIDENTIALITY LAWS NATIONALLY



- ACCESS AND LAWS VARY FROM STATE-TO-STATE
- CURRENT FEDERAL LAW REQUIRES HEALTH INSURANCE PLANS TO COVER THE **FULL RANGE** OF FEMALE CONTRACEPTIVE METHODS, INCLUDING COUNSELING AND RELATED SERVICES, **WITHOUT OUT-OF-POCKET COSTS**.
- THE U.S. SUPREME COURT HAS RULED THAT MINORS' PRIVACY RIGHTS INCLUDE THE RIGHT TO OBTAIN CONTRACEPTIVE SERVICES.
- NO STATE EXPLICITLY REQUIRES PARENTAL CONSENT OR NOTIFICATION FOR MINORS TO OBTAIN CONTRACEPTIVE SERVICES.
 - A. TEXAS AND UTAH REQUIRE PARENTAL CONSENT FOR CONTRACEPTIVE SERVICES PAID FOR WITH STATE FUNDS.
- TWENTY-ONE STATES AND THE DISTRICT OF COLUMBIA **EXPLICITLY ALLOW MINORS TO OBTAIN CONTRACEPTIVE SERVICES WITHOUT A PARENT'S INVOLVEMENT.**

CONTRACEPTIVE ACCESS AND CONFIDENTIALITY LAWS-

NEW YORK



- A MINOR MAY CONSENT TO CONFIDENTIAL CONTRACEPTIVE SERVICES AND PRESCRIPTIONS WITHOUT PARENTAL INVOLVEMENT.
- MINOR'S RIGHT TO CONFIDENTIAL CONTRACEPTION WITHOUT PARENTAL NOTIFICATION OR CONSENT IS PROTECTED IN NEW YORK.
- MOREOVER, WHEN A MINOR'S HEALTH CARE IS PUBLICLY FUNDED, HIS OR HER ACCESS TO CONTRACEPTIVE SERVICES IS FURTHER PROTECTED.

ROLE OF YOUR PEDIATRICIAN IN SEXUAL HEALTH



AMERICAN ACADEMY OF PEDIATRICS, COMMITTEE ON ADOLESCENCE

1. ADOLESCENTS CONSIDER PEDIATRICIANS AND OTHER HEALTH CARE PROVIDERS A HIGHLY TRUSTED SOURCE OF SEXUAL HEALTH INFORMATION.
2. IN THE SETTING OF CONTRACEPTION AND SEXUAL HEALTH CARE, THE AMERICAN ACADEMY OF PEDIATRICS (AAP) BELIEVES THAT POLICIES SUPPORTING ADOLESCENT CONSENT AND PROTECTING ADOLESCENT CONFIDENTIALITY ARE IN THE BEST INTERESTS OF ADOLESCENTS.
3. THE HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT (HIPAA) SPECIFICALLY ADDRESSES MINOR CONFIDENTIALITY.
4. RECOMMEND THAT PEDIATRICIANS TAKE A DEVELOPMENTALLY TARGETED SEXUAL HISTORY, ASSESS STI AND PREGNANCY RISK, AND PROVIDE APPROPRIATE SCREENING, COUNSELING, AND, IF NEEDED, CONTRACEPTIVES.

